

Detoxification Protocol

Most of the patient coming to the clinic are stressed and overworked. The goal is to relax the patient and clean their physical body while lifting the body with energy.



Detoxification is also a basic part of every other protocol and treatment plan. While all patients are not in a position to comply with the total protocol, all are treated with the basic premise of detoxification in mind.

During treatment there is no smoking, alcohol, or drugs. The patient's diet is restricted and usually the HIV diet is followed during the initial treatment period.

This is a 21-day treatment. If physically able, the patient is required to prepare their own food as well as gather and help take care of the herbs.

Protocol:

- 1) **Steam Inhalation Treatment** on days 1, 2, 3, (two days off), 6, 7, (three days off), 11, (four days off), & day 16.
- 2) Drink **Pramman Formula** three times a day (before meals) starting with day 1.
- 3) Eat fresh or drink tea of *pae tum pun* three times a day (before meals) starting with day 1.
- 4) When physically strong enough (and if appropriate), preferably on day 2, take *lot thanong daeng*.

Note: This 21 day cycle can be repeated a second time if needed (using $\frac{1}{4}$ of the normal strength of *lot thanong daeng*). If treating HIV or addictions, additional cycles of detoxification are almost always needed.

Note: After the **Steam Inhalation Treatment** cycles are finished, a gentler version of the *lot thanong daeng* can be given. This gentler detoxification is accomplished through a combination of roots and trunk that is drunk in the place of water for three weeks (see the **Detoxification Formula**).

Note: The *Pra Kop Cancer Protocol* is actually a further extension of this detoxification philosophy.