

## *Pra Kop* Cancer Protocol

*Pra kop* is Thai for “to compress” and indicates the fact that herbal compresses are used during the treatment. This protocol is actually an extension of the detoxification philosophy and is done in conjunction with not only the basic detoxification treatments, but with other support treatments. During treatment there is no smoking, alcohol, or drugs, and no voluntary orgasms. The HIV diet guidelines are strictly followed during the treatment.



Components:

<i>Ya en yuet</i> (common plantain)	whole plant	5
<i>Phlapflueng</i> (Pinder)	leaf	1 (large)
<i>Phlu</i> (Betel)	leaf	7
<i>Salet phangphon</i> (no western name)	leaf	one handful
<i>Karabun</i> (camphor)	crystals	1 tablespoon

This is a long-term treatment regime; it is continued for several months after the palpable mass has disappeared. If physically able, the patients prepare their own food; gather the herbs needed for their inhalation treatment, and work with the plants. They are encouraged to relax and not to worry about anything while they are being helped to build a healthy lifestyle. Spiritual develop is also a priority.

- 1) **Detoxification Protocol** – with maximum use of the **Steam Inhalation Treatments if the patient is strong enough.**
- 2) Drink **Pramman Formula** three times a day (before meals) from first day.
- 3) Drink **Supparoak Formula** three times a day (after meals) from first day.
- 4) Bleed the area on top of the tumor using a needle (puncture) or equivalent (do not squeeze the tumor, actually puncture it, or in any way make it bleed). This is done using standard Oriental medicine “cupping” techniques.
- 5) Steam the four *pra kop* herbs in two linen bags until aromatic and soft (approximately 15-30 minutes). Apply in a rubbing motion over the tumor area (with motion away from the central trunk). Switch the bags often in order to keep moist and as hot as the patient can handle.
- 6) Repeat # 4 and # 5 weekly (or twice a week if possible) until several months after the condition has been resolved.



**Note:** If all of the *pra kop* herbs are not available, the treatment can still be used as long as *ya en yuet* is available (it is the lead botanical).

**Note:** This treatment is used at the first sign of any growth or tumor and is not limited to actual cancer diagnosis. It is very very rare for Phra Vichien to accept a patient for cancer treatment that has undergone chemotherapy.

**Note:** There are many specific botanicals recommended for specific types of cancer. See the Botanical Actions section.

**Patient Notes:** Usually patients come to the clinic after being informed by their doctor that they are terminal and have no medical options. Hepatic cancer is common in Asia and the most common presenting cancer at the clinic. At this point the patients are obviously desperate and quite often on large doses of narcotics. One patient, Anon Don Tum Pari, a thirty-nine year old male came to the clinic after diagnosis of terminal cancer (no further options available to him) with two palpable masses. He had been on high doses of morphine for over two months and was vomiting daily, could not eat, and was mentally foggy.

The medications were discontinued and the patient was started on the standard detoxification protocol (including *lot thanong daeng*) as well as **Pramman Formula**, **Supparoak Formula** and *yaa pak king* (several flower), and (*yaa*) *saap suea* (jack in the box). While this treatment did not stop the progression of the cancer, Anon was off the narcotic medication, interacting again with his family and fellow patients and visibly more able to cope with his disease.

Anon's case is a typical bleeding, cupping and compress treatment. The breakdown was as follows: After initial steam inhalation (with 30 minutes rest after the steam), the tumors were palpated and a circle drawn around each to facilitate the cupping

locations. Then 5 needle penetrations were made in each circle and the cups were added producing strong suction and bleeding. The cups stayed in place 20 minutes and then the area was cleaned and balm was applied. After 20 minutes rest, herbs were prepared for the compress treatment. *Phlappflueng* (one large leaf), *phlu* (a handful), and *yaa en yuet* (six small whole plants) were cut into small pieces and divided into two cheesecloth bags and then heated in a double boiler until all the botanicals were soft and mushy..... then the cloth bundles were rubbed over each tumor area in one direction (from superior to inferior). If the cloth was too hot it was done for several minutes over a towel layer, but the towel was removed as soon as possible so that the botanical components were in contact with the skin. The medicinal bags were reheated constantly and this was continued for 20 minutes. This produced an area of very warm skin and a layer of medicine on the skin. The patient was told to apply balm after the treatment. The patient then discarded the botanical residue from the cloth and cleaned the cloth for future use, as well as cleaned all the cupping and instruments used in his treatment. He buried the discards as part of trying to install the concept of removing his illness from his body.